To our Volunteers:

On behalf of the recreation therapists at our Medical Center, we would like to offer our sincere appreciation for all you do to assist us with the activities and programs on the Mental Health Unit (MH), Spinal Cord Injury and Disorders Unit (SCI&D), Community Living Center (CLC), Polytrauma Rehabilitation Center (PRC), Polytrauma Transitional Rehabilitation Program (PTRP), Polytrauma Network Site Program (PNS), VISOR, and Women's Program. We are grateful for your time, contributions, and interest in our hospitalized Veterans and active duty patients. Because of your generosity, the recreation therapy staff is able to provide programs to enhance the quality of life for the patients and aid in their recovery and rehabilitation. We thank you for all your help and look forward to working together in the future. Please contact the therapists at the numbers listed below with any questions or for further information. Thank you!

Recreation Therapy Supervisor
Shari Hicks ext. 6908

Mental Health Recreation Therapist
Kathy Klebert ext. 4160

Community Living Center Recreation Therapist
Constance Maziel ext. 4164
Nicole Shuman ext. 6433

Polytrauma Recreation Therapists
Paulette Beasley (in-patient) ext. 3492
Barbara Minnicks (out-patient/in-patient) ext. 4161
Curtis Robb (transitional) ext. 2461
Felix Cruz (transitional) ext. 2462

Spinal Cord Injury and Disability Unit Recreation Therapists
Irene Gilbert (in-patient) ext. 4163
Jennifer Vass (in-patient) ext. 2947
April Mizell (out-patient) ext. 2323

Animal Assisted Therapy Program Recreation Therapist
Constance Maziel ext. 4164

VIS program and Women's Veterans Program Recreation Therapist
Shari Hicks ext. 6908

Please feel free to contact therapists for more information.
Or contact: Voluntary Service Voluntary Service (135)
McGuire VAMC 1201 Broad Rock Boulevard Richmond, VA 23249
Phone- (804) 675-5135 Fax- (804) 675-5224

Spinal Cord Injury & Disorder Unit Wish List

- Sponsor an athlete for National Programs
- Kindle and gift cards for books
- I-Pad - very user friendly for individuals with fine motor deficits
- Regal Movie Tickets (10 tickets per outing)
- Subway Gift Cards (any amount appreciated)
- Monetary donations/gift cards to support weekly community reentry outings (any amount appreciated)
- Martins gift cards for outings and OT Cooking Groups ($100)
- Laptops for bed bound patients (to watch movies, play games, access internet)
- Wii Games (no first person shooter games) AMF Bowling, New Sports Games
- Wii Fit Games
- AA batteries or rechargeable batteries for Wii Remotes
- New Release Movies on DVD (Please no VHS)
- DVD interactive games
- Playstation 3 Games
- Bowling Gift Certificates (10 patients per outing)
- Wal-Mart or Target Gift Cards ($100)
Gift Certificates for Funny Bone (10 people per outing)
Tickets for Local Sporting Events (10 people per outing)
Music CD's (Variety of Music)
Gift cards to local restaurants – Applebees, Mexico Restaurant, Subway
Small indoor portable basketball hoop
Portable DVD players (3)
Small Ball Air Pump

SCI&D Recreation Therapist- Irene Gilbert x4163 Jennifer Vass ext. 2947
April Mizell x2323

Animal-Assisted Therapy Program Wish List

- Donations of money or gift cards to Lonesome Dove Equestrian Center to assist with providing lunches for the patients.
  ** Ongoing **
  - You can contact Clint Arrington directly at (804) 357-9524
- Gift card to PetSmart ($25)

Animal Assisted Therapy Program Coordinator- Constance Maziel x4164

VIST Program (Visually Impaired Services Team)

- Monetary donations/ gift cards to support monthly community reentry outings (any amount appreciated)
- Following items can be purchased from Maxiaid at Maxiaid.com 800-522-6294 / TTY 800-281-3555

- **Dominoes with Raised Dots (Double Six)**
  Your Price: $13.95 Item#: 90997
- **Full Page Magnifier - 3 Pack, 2x - 6-1/2 x 8-3/4 inches**
  Economical, and multi use
  Item#: 6054559
- **Reizen Low Vision Pen**
  The Easy to See Pen, Great for Low Vision Users
  Item#: 292807
- **Three Packs Low Vision Thick Line Writing Paper**
  Save Money with This Great Deal
  Item#: 205499
- **Basketball with Double Inside and Directional Beeper**
  Item#: BR600
- **Travel Chess Set for the Blind or Those With Low Vision**
  Take This Chess Game With You Anywhere!
  Item#: 292010
- **Reizen Braille Phase 10 Card Game for the Blind and Low Vision**
  Challenging Family Fun for the Visually Impaired
  Item#: 407410

VIST Program Recreation Therapist- Shari Hicks 675-6908

Mental Health Wish list
(PTSD, Psychiatry and Substance Abuse)

- Movie Theater Tickets- Regal and Byrd Theater(any amount appreciated)**Ongoing**
- Gift cards to local stores for supplies for cookouts, parties and
equipment (Wal-Mart, K-Mart, any amount appreciated.) **Ongoing**
- New release DVDs **Ongoing**
- Tickets to Lewis Ginter Botanical Garden
- Sponsor for lunch for the MH Women's group.
- Admission tickets to local museums

**Mental Health Recreation Therapist** - Kathy Klebert  x4160

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**Women Veteran’s Program**
- Visa gift cards for monthly ladies night out events ($150)

**VIST Program Recreation Therapist** - Shari Hicks 675-6908

**Community Living Center (CLC) (geriatrics and extended care)**
- Regal Cinema gift cards ($300)
- X-Box 360 to use for therapy
- Money to purchase adaptive fishing equipment (Vans EZ Cast-$195: includes rod, casting device, chair arm holder, and 2 clamps)
- Sponsor a lunch outing
- AMF bowling gift cards ($200)
- Walmart gift cards ($300)
- Sponsor for the National Games (Golden Age Games, Creative Arts Festival, Wheelchair Games, and the Winter Sports Clinic)

**CLC Recreation Therapist** - Nicole Shuman 675-6433 Constance Maziel x 4164

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**Polytrauma Rehabilitation Center Wish list (in-patient program)**
- Gift cards for Chesterfield Towne Center (any amount appreciated)
- Regal movie theater tickets (10 tickets per trip)
- Regal Cinemas Gift Card ($100)
- Tickets for Cine Bistro (10 tickets)
- Gift cards for Cine Bistro for food ($150)
- Fold-A-Hoop Basketball Game ($170 on line at Walmart)
- Kindle and accessories ($150)
- Amazon gift cards to buy books for the Kindle ($100)
- Kcups for the Keurig coffee pot for the patients and families (a variety of flavors)
- New Release DVDs
- Canteen books for monthly Poker Nights ($75) ***on-going***
- Gift cards for local restaurants
  - Texas Roadhouse, Olive Garden, O’Charley’s, Red Lobster, Jason’s Deli, Bob Evan’s, IHOP, Applebees, Tropical Smoothie, Panera, Outback Steakhouse, Buffalo Wild Wings, Cracker Barrel
- Canteen books for patient programs ($50/month) ***on-going***
- Quik Shade Weekender 144 Canopy ($159 @Dick’s Sporting Goods- does not have to be the exact one)

**Polytrauma Recreation Therapist** - Paulette Beasley x3492 Barbara Minnicks x4161

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**Polytrauma Network Site (out-patients program)**
- Admission tickets for CineBistro- (10 tickets)
- Gift cards to Martin's for cookout items ($200)
- Gift cards to Walmart for supplies ($100)
- Movie Tickets (Regal Cinemas- 10 tickets)
- Gift card to Regal Cinemas ($100)
- Wawa gift cards for patient outings ($25)
- Local restaurant gift cards for community reintegration trips ($100 per outing)
- DVDs for Movement & Relaxation Group ($150)

**Polytrauma Recreation Therapist** - Barbara Minnicks (out-patient) ext.4161

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**Poly Trauma Transitional Rehabilitation Program (Updated List)**

- Tickets for sporting events (12 per event)
- Gift Certificates to Dave and Busters (12 per visit)
- Gift Certificates to Putt Putt Golf, Iron Bridge Sports Park, or Batting Cages
- Gift cards for Bowling (AMF, Bowl America- 10 per outing)
- Martin's gift cards
- Wii games, and XBOX 360 games (age appropriate please, **no violent/first shooter games**)
- Gift cards to Best Buy($100 or any amount is appreciated)
- Gift Certificates to Applebee's, IHOP, Buffalo Wild Wings, Chile's, Friday's, Ruby Tuesdays, and Golden Corral, Subway, McDonalds, Pizza Hut, Bottoms Up Pizza (any amount appreciated),
- Gift Certificates to Wal-Mart, Target, Dick's Sporting Goods (any amount appreciated)
- Gift cards for art supplies (Michael's, Ben Franklin- any amount appreciated)

**Polytrauma Recreation Therapists** - Curtis Robb ext. 2461  Felix Cruz ext. 2462